
Meherwish Deep Naz

Phone: 5151437 Ext:441

Email:

Meherwish.deepnaz@fui.edu.pk

AREA OF EXPERTISE

Psychotherapy, Psychological assessment and Research
Lectureship and Training

EDUCATION

M.S Clinical Psychology

Specialization in Child and Adult Psychotherapy
Government College University, Lahore.

B.S 4-year Degree Program in Applied Psychology

Lahore College for Women University, Lahore.

RESEARCH WORK

- Funded Research Project
Level of Agreement among Parent, Teacher and Adolescent's Self-report of Social, Emotional and Behavioral Problems: Teachers Training and Parental Intervention Strategies
Duration: February 2025-February 2026
- The Effect of Multitasking on Memory Retention of University Students
Research Journal of Psychology 2025 3(vol.3)
- Examining Childhood Trauma, Perceived Stress and Treatment Adherence among Drug Addicts
Journal: History of Medicine, 2024, 10(2): 838-840
Category X- impact factor
- Coping CAT program for school children experiencing study Anxiety: Case from Pakistan
Journal of Xi'an Shiyou University, Natural Sciences Vol:65 issue 09/2022
Category X- impact factor
- Restoring hope in physically and emotionally abused young girl through CBT and Transcendental therapy: A new Paradigm
Accepted in International Conference on Neglect, Abuse and Trauma: UMT Lahore 18 March 2021.

WORK EXPERIENCE

Permanent lecturer

27 February Till

HONORS

Departmental Coordinator

Psychology Department

Foundation University Islamabad Rawalpindi Campus

Consultant clinical psychologist

Psychology clinic FUSST

Visiting lecturer

February 2023- December 2023

NUML university Islamabad

Psychology department

Lecturer and Placement Supervisor (M.S Clinical Child & Adult)

The University of Lahore 2019 - 2021

Lahore school of professional studies (LSPS)

Visiting Lecturer

2020

Department of Nutrition Sciences

Nur International University Lahore

Visiting lecturer

2018

Central institution of management sciences Gulberg Lahore

Visiting lecturer

2017

University of Sargodha Gujranwala campus

Best Placement Supervisor (clinical practicum/training)

Year: 2019 - 2020

Awarded by: The University of Lahore

Received Letter of thanks on Competence and Professionalism

University of Lahore 2020

Social Action Project of Active Citizens program

Year: 2013 - 2014

Awarded by: British Council

Grade: A

Lahore College for Women University, Lahore

Pre Placement Training Program 2020

The University of Lahore

Participated in Poster competition in Mental Health Week

Year:2018 by the GCU Lahore

Lahore College for women University Lahore

Stood 3rdPosition at District level Speech Competition

2011

Place: Government College for Women Gujranwala

TRAININGS

PLACEMENT	Attended Training Workshop Selective Art therapy	2024
	Shifa tamer-e- Millat university Islamabad	
	Completing a Training workshop on Positive Behaviour Intervention And Complementary Therapies	2024
	Foundation university school of science and technology Rawalpindi campus	
	Attended Faculty Developmental program	February 2023
	NUML university Islamabad	
	Modules: Academic planning, academic execution, academic management Research & project, university ethics & Policies	
	Conduct Clinical Training Workshop	14 June 2020
	Topic: Depression and its management	
	Sanitise Psychotherapy Clinic Lahore	
WORKSHOP	Conduct Clinical Training Workshop	12 September 2019
	Topic: Anger Management	
	Sanitise Psychotherapy Clinic Lahore	
	Organized the workshop at	
	Sanitise Psychotherapy Clinic Lahore	
	Topic: Schizophrenia	28 June 2020
	Organized the workshop at	
	Sanitise Psychotherapy Clinic Lahore	
	Topic: substance abuse disorder with management	12 July 2020
	Self-esteem Building Groups	December 2017
PROFESSIONL SKILLS	Government Girls high school Gujranwala	
	Forensic Psychology Mayo Hospital Lahore& Gov. girls high school	
	School Psychology Central model high school Lahore	
	Adult Psychopathology Fountain House Lahore	
	Child Psychopathology Compass Special child need institution Lahore	
	Internee	
	Institute for Disable Children Lahore	
	5 May. 2015 – 29 May, 2015	Clinical Internship
	Mayo Hospital Lahore	
	June. 2013 – July, 2013	Clinical Internship
PROFESSIONL SKILLS	Fountain House Lahore	
	September. 2013 –May, 2014	Clinical Internship
	Institute for Disable Children Lahore	

GENERAL SKILLS

Positive Behaviour Intervention workshop
Selective Art therapy techniques workshop
Two day training CBT workshop (MIND GMAMES) by DR. AsirAjmal
Cognitive Behaviour Therapy (CBT) By DR IramZeherBokharey
Regression Analysis by Iram Fatima
Interpretative Phenomenological Analysis by Dr. UrusaFahim
Sexual disorders and its management by madam Samavia Hussain

- Clinical report writing
- Clinic Supervision
- Teaching psychology other discipline program
- Clinical Interview & Assessment
- SPS& research
- LSM &Zoom app

- Communication and presentation skills.
- Microsoft office and InPage,
- Reading news papers
- Report writing
- workshops